**Patient Name:** LABRADOR, DAVID

**Date of Birth:** 02/03/1974

**Date of Service:** 06/27/2022

**History of Present Illness:**  
This is a 48 year-old right hand dominant male who was involved in a motor vehicle accident on 07/29/2021. Patient was a restrained driver of a vehicle and states that at stop sign clipped the back of the other car avoiding a T-bone crash. Accident description. Patient injured Right Knee in the accident. The patient is here today for orthopedic evaluation. Patient has tried PT for couple months in 2021, 3x a week.

The patient complains of right knee pain that is 7/10, with 10 being the worst, which is sharp in nature. The knee pain is worsened with walking and weather. Knee pain improved with Motrin, icing and rest.

**Past Medical History:**  
Noncontributory

**Past Surgical History:**  
Noncontributory

**Past Accident/Injuries:**

**Daily Medications:**  
Zyrtec every day.

**Allergies:**  
No known drug allergies

**Social History:**  
 drinking,

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Knee:**  
Examination of the knee revealed tenderness on palpation at medial joint line. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was present. Valgus & Varus stress test was stable. Range of motion Flexion 130 degrees (150 degrees normal ), Extension 0 degrees (0 degrees normal )

**Diagnostic Imaging:**  
12/17/2021 - MRI of the right knee reveals medial meniscal tear. Cartilage thinning over medial joint. Cartilage loss over posterior lateral tibia toward the notch. Joint effusion.

**Assessment and Plan:**  
Diagnosis: Right knee medial meniscus tear.  
Plan: Recommend right knee arthroscopy.

The patient has failed conservative management which has included physical therapy, oral medications. The MRI was reviewed with the patient as well as the clinical examination findings. I have gone over all treatment options with the patient. At this time, I have discussed the benefits and risks of Right knee arthroscopy, chondroplasty, synovectomy, partial vs total meniscectomy and all other related procedures with the patient. I answered all their questions in regards to the procedure. The patient verbally consents to the procedure and will be scheduled.

The patient’s Right Knee was examined   
MRI of the Right Knee was reviewed.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**